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25

Palestine WT Olympic Solidarity Camp (Youth) in Amman, Jordan

**To prepare towards Dakar 2026
(13 - 21 July 2025)**

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1. Programme Overview

- **Host:** World Taekwondo (WT) in cooperation with Olympic Solidarity (OS)
- **Location:** Amman, Jordan
- **Dates:** July 12th, 2025 (Check-in) – July 22nd, 2025 (Check-out)

The **2025 WT Olympic Solidarity Camp** is an elite training program designed for coaches and athletes from Palestine and Jordan, fostering collaboration among **World Taekwondo (WT)**, the **International Olympic Committee (IOC)**, and **Olympic Solidarity (OS)**. This initiative aims to enhance the development of Taekwondo, by providing a structured curriculum tailored for youth athletes and coaches. By equipping them with essential skills and knowledge, the program seeks to build a strong foundation for success at the **2026 Youth Olympic Games** and the **2028 Los Angeles Olympics**.

2. Participant Invitation

- **Eligible Participants:**
 - **Male and Female youth athletes** (under the age of 17 in 2025)

3. Support and Costs

- **Covered costs:**
 - **Accommodation and meals** during the event
 - **Access to the event facilities and training equipment**
 - **Local transportation services** within the host country

4. Training Venue & Accommodation



Training Venue	Accommodation
Hall of the Jordan Paralympic Committee	Jordan Olympic Preparation Center (OPC)

**Taekwondo mats must be prepared in the training venue during the camp. The Local Organizing Committee (LOC) should provide screens for setting up a simulated PSS match court and laptops for PSS operation at the training venue. Additionally, it is advisable to have an ice machine for icing and refreshments for the training athletes at the venue.*

5. Additional Details

- **Travel Insurance:**

It is mandatory for all participants to have valid travel insurance covering medical emergencies, accidents, and other essential coverage during the camp.

- **Equipment Requirements:**

- Taekwondo **Competition Uniform (Dobok)**
- **Shin Guards, Arm Guards, Groin Protector, Mouth Guard, Sensing Socks, Taekwondo Gloves**
- Personal training gear must be prepared by each participant.

6. Local Transportation

- **Arrival and Departure Services:**

The Local Organizing Committee (LOC) will ensure reliable local transportation services for all participants, including shuttle buses between the venue and accommodations. Schedules will be prominently displayed at both the hotel and the event venue for easy reference.

7. Programme

[Subject to change]

Date	Time	Description	Location	Notes
Jul 12 (Sat)	Whole day	Arrival of teams	Hall of the Jordan Paralympic Committee	
Jul 13 (Sun)	10:00-12:00	Registration & Welcome Reception		
	15:00-18:00	Cardio & Flexibility Enhancement		
Jul 14 (Mon)	10:00-12:00	Warm-up Kicks and Step Training		
	15:00-18:00	Professional Technical Training		
Jul 15 (Tue)	10:00-12:00	Repetitive Training of Linkable Techniques		
	15:00-18:00	PSS Match Analysis & Simulated Training		
Jul 16 (Wed)	10:00-12:00	Cardio & Flexibility Enhancement		
	15:00-18:00	Professional Technical Training		
Jul 17 (Thu)	10:00-12:00	Repetitive Training of Linkable Techniques		
	15:00-18:00	PSS Match Analysis & Simulated Training		
Jul 18 (Fri)	10:00-12:00	Cardio & Flexibility Enhancement		
	15:00-18:00	Professional Technical Training		
Jul 19 (Sat)	10:00-12:00	Repetitive Training of Linkable Techniques		
	15:00-18:00	PSS Match Analysis & Simulated Training		
Jul 20 (Sun)	10:00-12:00	Repetitive Training of Linkable Techniques		
	15:00-18:00	PSS Match Analysis & Simulated Training		
Jul 21 (Mon)	10:00-12:00	Cardio & Flexibility Enhancement		
	15:00-18:00	Professional Technical Training		
Jul 22 (Tue)	Whole day	Departure of Teams		

8. Contact Information

- For any further clarifications or questions, please do not hesitate to contact:
 - World Taekwondo: Wooram KIM | development@worldtaekwondo.org

9. Conclusion

- **Acknowledgement:**

We appreciate your consideration of this valuable opportunity and believe that this camp will make a significant contribution to the development of Taekwondo, while providing excellent training opportunities for both athletes and coaches. We look forward to your federation's active participation, which will play a crucial role in the success of this event.